



# CLASS SCHEDULE

## FALL 2022

Haysboro Fit Studio

Haysboro Community  
Association Studio

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 AM						<b>FUNCTIONAL FIT</b> 9:00 - 9:45 AM TANYA
11:00 AM	<b>VIPR + BALL</b> 11:00 - 11:45 AM TANYA					<b>HATHA YOGA</b> 9:55- 10:55 AM TANYA
6:00 PM	<b>STRENGTH &amp; MOBILITY</b> 6:00 - 6:45 PM CHRISTINE			<b>STRENGTH &amp; MOBILITY</b> 6:30 - 7:15PM TANYA		
7:00 PM		<b>HATHA YOGA</b> 7:20 - 8:20 PM TANYA				